

# Topic of the day: Managing your horse's Anxiety

## When:

3<sup>rd</sup> April 2016

# Where:

Vakarra Park, 135 Burtons Rd, Bridges QLD 4561

## Time:

9:00 am till 2:00 pm

## Price:

Online booking: \$60

Cash on the day: \$65

Fence Sitter: \$15

#### Book at:

### **Email**

ben@funhorsetraining.com

#### Phone

BLS Horsemanship on 0413 072 922

#### Online

www.funhorsetraining.com/events/fun-horse-day-3/

"Thanks for a fun filled & informative day. Despite my lack of confidence & knowledge, your approach & understanding in helping me was wonderful. The way you teach and present things makes it so easy to understand."

Janelle

#### Visit

www.funhorsetraining.com www.facebook.com/blshorsemanship

# **Fun Horse Day**

Anxiety is something that can be very debilitating for horse-human relationships. There are lots of different ways to deal with anxiety, but unfortunately if we only address the symptoms then we will never really address the cause.

Therefore, it is always most important that we understand the cause of our horse's anxiety. Once we understand the cause, we can change the effect.

So, at this FHD, we will be discussing and demonstrating the most effective and important strategies for reducing and managing anxiety in horses by addressing the cause. We will also be discussing the common training errors; which people make that create anxiety in horses.

Are you looking for a safe and relaxing environment to bring your horse to? Do you want to meet like minded people? Do you want to learn more about Natural Horsemanship? Are you looking for a fun and affordable day out, with your horse?

Then come along to our Fun Horse Day...

Our Fun Horse Days are design to bring like-minded people together, in a safe, educational and fun environment.

### This Day includes:

- Theory introduction talk
- Groundwork demonstration
- Groundwork practices
- Games
- During lunch break a demonstration and talk on the topic of the day
- Riding activities
- Morning Tea

All of the above activities are optional. If you or your horse isn't ready for them yet, you can skip them or we will give you other activities to practice.

These days are only partially instructed.

The Topic of the day only effects the demonstration and talk. The rest of the activities (groundwork, games & riding activities) may not be directly related to the Topic of the day and will therefore be similar every time.

Come along and enjoy, relax, learn & have fun!